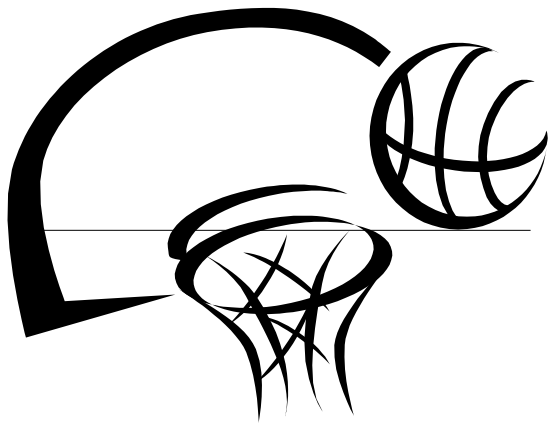


# Skill Builders Sports Camp 2018



Skill Builders was developed several years ago by Valley School's Athletic Director, Mike Bramson. In order to give basketball players an edge during the regular season, Coach Bramson designed a two-week conditioning session. Players were able to keep up and build upon their skills in the off season by concentrating on the basics, completing drills, and competing in practice games. The basketball camp was so successful that Coach Bramson decided to develop a Volleyball camp using the same principles: small groups, professional instructors and a focus on fundamentals.

## Basketball

Athletes will be challenged to take their basketball game to the next level through drills, contests, and fitness workouts. This camp is suitable for all skill levels. All campers will receive a free camp shirt. Awards will be handed out for 3 point shootout, free throws, speed dribbling, and spot shooting. Camp hours are from 9:00 a.m. to 3:30 p.m. Extended daycare from 6:30 a.m. to 6:30 p.m. is included.



**Skill Builders  
Basketball Camp**



**Skill Builders  
Volleyball Camp**

**Volleyball**

This camp is a must for all volleyball enthusiasts. Improving one's serving, setting, and spiking techniques as well as defense. The camp will include physical conditioning, practice, competitions, and games. All campers will receive a free camp shirt. Awards will be handed out for competitions. Camp hours are from 9:00 a.m. to 3:30 p.m. Extended daycare from 6:30 a.m. to 6:30 p.m. is included.

# Skill Builders Sports Camp

Ages 8—14

Child's Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Phone \_\_\_\_\_

## Skill Builders 2018

Sign up for:	Price
<input type="checkbox"/> Basketball June 11 - June 15	\$285.00
<input type="checkbox"/> Basketball June 18 - June 22	\$285.00
<input type="checkbox"/> Volleyball July 16 - July 20	\$285.00
<input type="checkbox"/> Basketball July 23 - July 27	\$285.00
<input type="checkbox"/> Basketball July 30 - Aug. 3	\$285.00

**Total:** \_\_\_\_\_

Please make checks payable to:

\_\_\_\_\_  
VALLEY SCHOOL

15700 Sherman Way  
Van Nuys, CA 91406

Phone: 818-786-4720  
\_\_\_\_\_