



**Skill Builders
Volleyball Camp**

Volleyball

This camp is a must for all volleyball enthusiasts. Improving one's serving, setting, and spiking techniques as well as defense. The camp will include physical conditioning, practice, competitions, and games. All campers will receive a free camp shirt. Awards will be handed out for competitions. Camp hours are from 9:00 a.m. to 3:30 p.m. Extended daycare from 6:30 a.m. to 6:30 p.m. is included.

Skill Builders Sports Camp

Ages 8–14

Child's Name _____

Address _____

Phone _____

Skill Builders 2017

Sign up for:	Price
<input type="checkbox"/> Basketball June 12 - June 16	\$270.00
<input type="checkbox"/> Basketball June 19 - June 23	\$270.00
<input type="checkbox"/> Volleyball July 10 - July 14	\$270.00
<input type="checkbox"/> Basketball July 17 - July 21	\$270.00
<input type="checkbox"/> Basketball July 24 - July 28	\$270.00

Sign up with payment before **March 31st** and pay **\$250** per week.

Total: _____

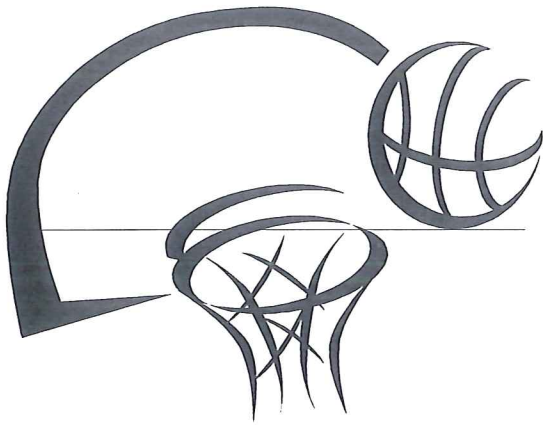
Please make checks payable to:

VALLEY SCHOOL

15700 Sherman Way
Van Nuys, CA 91406

Phone: 818-786-4720

Skill Builders Sports Camp 2017



Skill Builders was developed several years ago by Valley School's Athletic Director, Mike Bramson. In order to give basketball players an edge during the regular season, Coach Bramson designed a two-week conditioning session. Players were able to keep up and build upon their skills in the off season by concentrating on the basics, completing drills, and competing in practice games. The basketball camp was so successful that Coach Bramson decided to develop a Volleyball camp using the same principles: small groups, professional instructors and a focus on fundamentals.

Basketball

Athletes will be challenged to take their basketball game to the next level through drills, contests, and fitness workouts. This camp is suitable for all skill levels. All campers will receive a free camp shirt. Awards will be handed out for 3 point shootout, free throws, speed dribbling, and spot shooting. Camp hours are from 9:00 a.m. to 3:30 p.m. Extended daycare from 6:30 a.m. to 6:30 p.m. is included.



**Skill Builders
Basketball Camp**